



McLean NEWS

June 25, 2010

A PUBLICATION FOR THE McLEAN HOSPITAL COMMUNITY

Partners Expo draws 65,000; McLean exhibits enjoy a flurry of activity



McLean's Daniel Shapiro, PhD, gave a powerful talk on relationships to a standing-room only Expo audience on June 13.

More than 65,000 adults and children from Boston and neighboring communities turned out on the weekend of June 12 and June 13 for the fourth annual Boston Health and Fitness Expo. The event, held at the Hynes Convention Center, was sponsored by Partners HealthCare and Channel 7.

McLean activities attracted steady foot traffic throughout the weekend. The events included mood and memory screenings, lectures, computer tutorials on the brain and brain anatomy, and raffle drawings. Additionally, George Smith, LICSW, joined Channel 7 news anchor Frances Rivera for a live cooking demonstration, while Shannon Collins, coordinator of McLean's Patient Fitness and Recreation Center, demonstrated several simple yoga techniques before a large participatory crowd. A trio of speakers rounded out McLean's participation in the Expo: Daniel Shapiro, PhD (*above*), spoke on "The Five Keys to a Fit Relationship." Carol Kauffman, PhD, ABPP, PCC, and Meg Moore, MBA, Institute of Coaching at McLean, presented "Bringing out the Best in Everyone: The Art of Positive Psychology Coaching." ♦

Now online!



McLean launched its Intranet, BrainWaves, on June 23. Take a minute to log on and check out the site at [www.http://mclean.partners.org](http://mclean.partners.org).

Congratulations graduates!



McLean, Massachusetts General Hospital (MGH) and Partners celebrated the graduating classes of adult and child psychiatry residents, psychology interns and fellows at a ceremony held on June 12 at the Harvard Club in Boston. Taking a moment to enjoy their accomplishments are members of the Class of 2010 for the MGH/McLean Adult Psychiatry Residency Training Program (*directly above, with family members*), the McLean Hospital/Harvard Medical School Pre-Doctoral Psychology Internship Training Program (*top right*) and the MGH/McLean Child Psychiatry Residency Training Program (*top left*). ♦

McLean People

McLean People highlights the accomplishments of employees at work and in the community. Have you achieved notable recognition related to your work at McLean? If so, send submissions to clepore@partners.org.

John Halpern, MD, director of the Laboratory for Integrative Psychiatry in the Division of Alcohol and Drug Abuse, was invited to present his research at a daylong seminar for neuroscience graduate students and faculty at the University of Massachusetts Medical School in Worcester, Mass, on May 6.



Martin Kafka, MD, clinical associate, was featured in the *Boston Globe* and *Los Angeles Times* for authoring a proposal on hypersexual disorder for the American Psychiatry Association's *Diagnostic and Statistical Manual of Mental Disorders*, fifth edition. Kafka was also interviewed by National Public Radio, ABC News Radio and *HealthDay*.

Susan Kattlove, MD, recently completed her training at the Boston Psychoanalytic Society and Institute. Kattlove is director of the Adult Outpatient Clinic and the Short Term Acute Treatment (STAT) team, and she supervises and teaches residents in the Massachusetts General Hospital/McLean Hospital Adult Psychiatry Residency Training Program. She has been on the staff at McLean for 11 years and has a private practice in Cambridge.

Helen Kyomen, MD, MS, was recently selected to join the American Medical Association (AMA)-led Physician Consortium for Performance Improvement, Dementia Measure Development Work Group. Additionally, she was named to the Group for Advancement of Psychiatry's Committee on Aging, a psychiatric think tank of nationally respected psychiatrists dedicated to shaping psychiatric thinking, public programs and clinical practice in mental health.



Scott Lukas, PhD, director of the Neuroimaging Center and Behavioral Psychopharmacology Research Laboratory, is the new president-elect of the College on Problems of Drug Dependence (CPDD). Lukas will assume the organization's presidency in June 2011 and then serve as past-president from June 2012 to June 2013.



Dennis Pultanis, RN, staff nurse on the Short Term Unit, recently received the American Psychiatric Nurses Association Award for Excellence in Leadership for his role in establishing a unit-based nursing intervention using meditation and yoga to help patients manage their symptoms. His efforts include the development of a protocol to assess the validity of these interventions.

Arthur Siegel, MD, director of Internal Medicine, took part in the American College of Physicians (ACP) Leadership Day held on Capitol Hill in May, serving as a delegate of the group's Massachusetts chapter. The event enables the ACP to increase its presence in Washington and bring issues of concern to lawmakers. ♦

Coming Up

WAVERLEY PLACE OPEN HOUSE

Members of Waverley Place, McLean's community rehabilitation program, will host an open house on Tuesday, June 29 from 3 pm to 5 pm at the venue at 12 Church Street, Belmont, to bid farewell to Dana Holley, LICSW, program manager of nine years.

TMS LECTURE

As part of its monthly meeting series, the McLean Hospital Transcranial Magnetic Stimulation (TMS) Service will host guest speaker Felipe Fregni, MD, PhD, director of the Neuromodulation Laboratory at Spaulding Rehabilitation Hospital, on Wednesday, July 7 from 9 am to 10 am in the de Marneffe Building Room 218. Fregni will discuss "Therapeutic Application of TMS in Stroke: Challenges and Future Directions."

SUMMER PUBLISHING

McLean News will publish bi-weekly this summer. The next issue will hit newstands on Friday, July 9. ♦



New Hires in April

As a leader in psychiatric care, education and research, McLean Hospital stands on a firm foundation of excellence built and maintained by its employees. With more than 1,700 employees, the hospital has created a close-knit community in a caring environment that promotes professionalism and pride. McLean welcomes the following additions who joined the hospital community in April.

Charlene Dottin
Child and Adolescent
Program/Brockton

Robert Drozek
Social Work

Matthew Feela
Facilities

Tanya Fontes
Mental Health Services
Evaluation

Daniel Fox
Alcohol and Drug Abuse
Treatment Program/McLean
at Fernside/Princeton

Kenneth Gilman
Alcohol and Drug Abuse
Treatment Program/McLean
at Fernside/Princeton

Joy Mitchell
Alcohol and Drug Abuse
Treatment Program/McLean
Residence at the Brook/
Waltham

Laura Sadlier
Klarman Eating Disorders
Center

Danielle Williams
Child and Adolescent
Program/Brockton ♦